

**The Pavilion at Southern Hills Hospital is proud to offer:**

# **TEEN TALK**

**A support group for teens age 12 to 17**

While physical distancing is important, social connection is more vital than ever.

Please join Southern Hills Hospital's teen support group to gain support from peers and normalize challenges that teens face on a daily basis, including but not limited to:

- Bouts of depression and/or anxiety
- Challenges with school performance
- Struggles with peer relationships
- Changes in home dynamics

This group is facilitated by a licensed clinical social worker.

## **TWO SESSIONS AVAILABLE:**

**Thursdays**

**4 - 5 p.m. or 5:30 - 6:30 p.m.**

**Southern Hills Hospital**

**FREE to attend**

**Registration required by visiting:**

**[SouthernHillsHospital.com/Calendar](https://www.southernhillshospital.com/Calendar)**

**or scanning the QR code**



Questions? Contact  
Pavilion Outpatient Services at 702.916.7600

